



**GIVING
HEARTS
DAY**



HEAR FROM AN INSTRUCTOR

"ONE OF THE GREATEST MOMENTS IN MY LIFE"

What is the atmosphere like at Red River Dance & Performing Company?

This is my first year at RRD&PC and I could not be happier! The atmosphere at the studio is positive and motivational. The students come ready to work hard and with the biggest smiles on their faces. The excitement that they bring to dance is contagious. Whenever I have a bad day, I know for a fact that when I come teach, I will leave with a huge smile on my face.

What has Red River Dance & Performing Company given you?

RRD&PC has given me so much. It has given me an outlet to bring all of my passions together. I am an Elementary Inclusive Education major at Minnesota State University Moorhead. I have loved working with kids my whole life! Being able to be a positive role model and to be able to have a part in their education is very important to me. Another passion of mine is dance. I have danced since I was 5 years old. Being able to bring these passions together is something I am forever grateful for, and that is all thanks to RRD&PC.

What is one thing you wish people knew about Red River Dance & Performing Company?

There's two! The first is that we have a program called "Darby's Dancers". We have free classes offered to those with disabilities. Classes work on strength, independence, rhythm, teamwork and much more. These classes are offered from age 3 all the way through adults! There is a class for every age and all abilities. And it is 100% free to you! I am one of the instructors and have found that these are my favorite classes to teach. The positivity and enthusiasm that the students bring every week is incredible. They remind me to have fun while dancing and to enjoy myself!

What would you tell someone who is thinking about donating to or volunteering for the Red River Dance & Performing Company?

Now is the perfect time! The future is looking bright for the non-profit! They are growing more than ever and have amazing staff that are motivated, passionate and kind.

- Erin Christenson, RRD Instructor

